

“CHANGE? WHAT CHANGE?”

TURNING OUR FRUSTRATIONS INTO SEA CHANGE”

WESTERN WASHINGTON FOR 12TH ANNUAL SPRING ASSEMBLY SATURDAY APRIL 17, 2010

FAUNTLEROY UCC CHURCH
9260 CALIFORNIA AVENUE SW
WEST SEATTLE

PRE-REGISTRATION FORM

Each year the Western Washington Fellowship of Reconciliation's Spring Assembly brings together **grassroots** folks from throughout our region to share ideas and network with each other to strengthen the movements for social justice, nonviolence and peace.

This year's Spring Assembly's workshop offerings include three exciting proposals for new issue-based campaigns that WWFOR is considering, along with other workshops that will **stimulate and support grassroots activism**. Come and help us all work for peace, nonviolence, and social & economic justice.

- ⇒ Please bring announcements to post on our **Announcement Wall**.
- ⇒ Please bring issue-based information, handouts, petitions, etc., to display and distribute on our expanded **Information Tables**.
- ⇒ Please consider offering a **workshop** during our morning or afternoon sessions. (See back of this page.)

You will enjoy a stimulating and positive day as you:

- Meet old and new friends
- Learn and share information about organizing grassroots strategies and actions for working on issues
- Lift your spirits and gain new knowledge, insights and skills
- Network with other activists to build stronger movements
- Browse information tables for handouts, petitions, etc.
- Invite participation by posting items on our Announcement Wall
- Celebrate the accomplishments of FOR chapters, members and volunteers.

WE'LL EVEN SERVE YOU LUNCH!

PRE-REGISTER: Please pre-register by April 9 if possible to help us plan a successful Assembly. See the back of this page for information on exciting small groups we'll offer in the morning and afternoon.

DONATION: It costs the WWFOR approximately \$15 per person to put on this Assembly. Please pay what you can. We welcome participants regardless of ability to pay, and hope those who can afford more will balance those who can afford less. Your registration donation includes lunch.

Print name(s):	Phone: ()
Address:	E-mail:
City:	ZIP:
Amount enclosed: \$	(See "DONATION" above)
Carpool: (___) I could offer a ride for ___ other persons. (___) I would like a ride.	
Phone us to discuss child care options. Other special needs?	

I could:

- Set up tables and chairs at 8:30 a.m.
- Help fix morning refreshments in the kitchen at 8:30 a.m.
- Help set out the catered lunch
- Clean up after lunch

Questions?

Western Washington FOR (206) 789-5565 wwfor@wwfor.org
Olympia FOR (360) 491-9093 glen@olywa.net

Mail this form to:

WWFOR, 225 N 70th St., Seattle WA 98103-5003

Thank you!

9:00 a.m.: On-site registration begins for anyone who has not pre-registered.

Enjoy refreshments, social time, networking and information tables.

If you have announcements to post on the **Announcement Wall**, or literature or petitions for the **Information Tables**, please arrive at 9:00 a.m. or very soon after, so people will have plenty of time to read and consider them.

Please sign up for **MORNING and AFTERNOON workshops** on the **MORNING and AFTERNOON easels**.

If you want to offer an additional workshop, please see the box below.

10:00 a.m. Welcome. 10:30 morning sessions. 12:15 catered lunch with brief activities and a leisurely break. 2:00 afternoon sessions.

4:00 p.m. We promise to end on time or slightly earlier.

2010's Spring Assembly Planning Committee developed several workshops to support this year's theme. We also invite you to offer **additional workshops** on any topic. Simply post a short description of your workshop on **either the MORNING or AFTERNOON sign-up easel**. Please arrive at 9:00 a.m. or very soon after, and post your description promptly so people will have time to consider it when they sign up for workshops between 9:00 and 10:00. In case you'd like to discuss your potential workshop idea in advance with a planning committee member, contact Glen Anderson at (360) 491-9093 or glen@olywa.net.

Workshops support this year's theme

MORNING:

The Bank of Washington State

Cindy Cole and John Repp

We will look at the Bank of North Dakota, the only existing state bank and see what such a bank could do for economic justice in Washington State. We will look at the national movement for state banks. We will discuss the pros and cons of this powerful idea as the objective of a possible WWFOR statewide campaign.

Afghanistan: Peace Is the Way

Janice Orcutt

Many people assume that for virtually every problem, more soldiers and more guns could save the day. Public discussion about Afghanistan seems limited to "More troops!" versus "Some troops!" But creating peace takes more than just the presence or absence of force. It takes education, healthcare, economic opportunity, gender equality and civil protections. Let's achieve some bold goals that will change the national discussion and lay the foundation for real peace in Afghanistan!

Promoting and Maintaining Health and Healing for Peace Activists

David Lambert

Context: Decades of conservative presidents and Congresses hurt peace, justice and progressive issues. Now Obama and the Democrats are disappointing us again. Progressives feel frustration, anger, powerlessness, despair, and depression, which immobilize us, so many people have given up on working for peace and justice.

Workshop: This workshop focuses on our deep need for emotional/mental/spiritual harmony (inner peace) to sustain us for the long haul while we do this this work. David will present a wide variety of concepts, tools and methods. These will help participants to help themselves heal, achieve greater inner calmness in their daily lives amidst the ongoing stress, and be more effective as activists. David Lambert is a Licensed Independent Clinical Social Worker with 40 years of experience providing outpatient mental health services.

AFTERNOON:

Face the Displaced: Days of Action for Colombia

Colette Cosner

Colombia's war forcibly displaced almost 5,000,000 Colombians from their homes – the world's second worst internal displacement crisis. By April 30, tens of thousands of people in the US and Colombia will participate in 2010's National Days of Action for Colombia, urging the US to change its Colombia policy. After exploring the last decade. Participants will create poignant, eye-catching displays highlighting stories and portraits of Colombia's internally displaced. Displays will be sent to DC for a national action in May. Colette Cosner is Witness for Peace's NW Regional Organizer.

Chevron Campaign

Mike Yarrow

The giant oil company Chevron links many issues that we care about, including its promotion of the war in Iraq, its aggressive lobbying against legislation to improve car efficiency and reduce global warming, its funding of political candidates, and more. We could recruit people to work on a campaign (already started by Antonia Juhasz) to address Chevron's abuses and work for humane and sustainable solutions.

Seeing the Human Face of Suffering

Doug Mackey and Dennis Mills

Many issues we work on are abstract. Let's work on more creative ways to be mindful of the dignity of each individual in our voices for peace. The Iraq Memorial to Life (www.oly-wa.us/iraqmemorial) uses Arlington Northwest's method, installing markers with names and vital information about the innocent Iraqi civilians killed in the US war. Afghan Youth Peace Volunteers created videos (www.OurJourneyToSmile.com) expressing young Afghans' heartfelt yearnings for peace, reaching out to everyone's common humanity. For the other issues we work on, how could we break through American society's political numbness and move the general public toward a sea change toward peace and justice?